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**Pediatric Patient Intake Form Age 0-5**

By completing this profile of your child's health history, I can offer your child more complete naturopathic care.

Please complete this confidential intake form. Completed by \_\_\_\_\_

Relationship to patient \_\_\_\_\_

Parent's Name(s) \_\_\_\_\_

Email address \_\_\_\_\_

Patient's Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Social Security # \_\_\_\_\_ Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Sibling(s) gender(s) and ages: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Where, when, from whom, and for what reason did your child last receive any health care? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Please list, in order of importance, your health concerns and/or goals for your child.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Has your child received any vaccinations?    Y        N

If yes, which ones, including dates:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Any problems with vaccinations? Y N Please explain:

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**Family Health History:** Y=Yes N=No D=Caused Death (age of death) P=In the past  
Please indicate if a family member has had any of the following. If yes, specify who.

Anemia	Y	N	D	P	_____
Arthritis	Y	N	D	P	_____
Asthma / Hay fever	Y	N	D	P	_____
Cancer (type?)	Y	N	D	P	_____
Cystic Fibrosis	Y	N	D	P	_____
Diabetes	Y	N	D	P	_____
Eating Disorder	Y	N	D	P	_____
Epilepsy	Y	N	D	P	_____
Fibromyalgia	Y	N	D	P	_____
Glaucoma	Y	N	D	P	_____
Heart Disease (incl heart attacks)	Y	N	D	P	_____
Hypertension (high blood pressure)	Y	N	D	P	_____
Kidney Disease	Y	N	D	P	_____
Lung Disease	Y	N	D	P	_____
Mental Illness	Y	N	D	P	_____
Obesity	Y	N	D	P	_____
Stroke	Y	N	D	P	_____
Substance Abuse (drugs, alcohol)	Y	N	D	P	_____
Venereal Disease	Y	N	D	P	_____

**Blood Type** (please circle)      **A**      **B**      **AB**      **O**

**Illnesses** Please circle if your child has had any of the following:

Scarlet fever      Measles      Diphtheria      Rubella (German measles)      Chicken pox  
Rheumatic fever      Mumps      Others \_\_\_\_\_  
Date of last Tetanus shot \_\_\_\_\_

**Allergies:**

Drugs? \_\_\_\_\_  
Foods? \_\_\_\_\_  
Environmental? \_\_\_\_\_

**Hospitalizations?** Please list when and why.

Illnesses: \_\_\_\_\_  
Surgeries: \_\_\_\_\_  
Other: \_\_\_\_\_

**Medications:** Please indicate if your child has used any of the following.

Antibiotics    Y    N    P    How often? \_\_\_\_\_    Laxatives    Y    N  
Cortisone    Y    N    P    Crème    Y    N    P    Tablets    Y    N    P  
Others \_\_\_\_\_  
Hospitalizations    Y    N

If yes, please list:

\_\_\_\_\_

Current prescription medications:

\_\_\_\_\_  
\_\_\_\_\_

Current over-the-counter medications:

\_\_\_\_\_  
\_\_\_\_\_

Current vitamin/herbal supplements:

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Pregnancy, Labor & Delivery: Home hospital birth?

Any problems? Y N

If Yes, please explain:

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Alcohol or drug use during pregnancy? Y N

If Yes, please explain:

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Gestational Diabetes? Y N

If Yes, please explain:

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Breastfeeding? Y N If yes, Duration: \_\_\_\_\_ Age of weaning \_\_\_\_\_

Formula Feeding Y N

If Yes: Cow's milk Soy Other: \_\_\_\_\_ Duration & Age of weaning \_\_\_\_\_

**Health Conditions**

Y = Yes

N = No

P = A condition your child has had in the past

**Skin**

Acne	Y	N	P	Boils	Y	N	P
Color Changes	Y	N	P	Eczema	Y	N	P
Hives	Y	N	P	Itching	Y	N	P
Lumps	Y	N	P	Moles	Y	N	P
Rashes	Y	N	P	Psoriasis	Y	N	P

**Head**

Injuries	Y	N	P	Headaches	Y	N	P
Forceps delivery	Y	N	P	Fontanelle issues	Y	N	P

**Eyes**

Lazy eye	Y	N	P	Injuries	Y	N	P
Glasses/Contacts	Y	N	P	Infections	Y	N	P

**Ears**

Infections	Y	N	P	Discharge	Y	N	P
Injuries	Y	N	P	Hearing issues	Y	N	P

**Nose and Sinuses**

Discharge	Y	N	P	Frequent colds	Y	N	P
Stiffness	Y	N	P	Bleeding	Y	N	P

**Teeth, Neck and Throat**

Speech problems	Y	N	P	Swollen glands	Y	N	P
Neck injuries	Y	N	P	Swallowing issues	Y	N	P
Dental cavities	Y	N	P	Sore throat	Y	N	P

**Teething:**

1<sup>st</sup> Tooth \_\_\_\_\_ months      Problems? \_\_\_\_\_

Molars \_\_\_\_\_ months      Problems? \_\_\_\_\_

Baby tooth loss      Y      N      If Y: \_\_\_\_\_

**Respiratory**

Asthma	Y	N	P	Bronchitis	Y	N	P
Coughs	Y	N	P	Pneumonia	Y	N	P
Wheezing	Y	N	P	Difficulty breathing	Y	N	P
Spitting up blood	Y	N	P	with exertion	Y	N	P
Difficult/Painful breathing	Y	N	P	while lying down	Y	N	P
2 <sup>nd</sup> Hand Smoke Exposure	Y	N	P				

**Cardiovascular**

Murmurs	Y	N	P	Congenital issues	Y	N	P
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**Gastrointestinal**

Blood in stool	Y	N	P	Belching/Passing gas	Y	N	P
Change in thirst	Y	N	P	Change in appetite	Y	N	P
Heartburn	Y	N	P	Vomiting	Y	N	P
Hemorrhoids	Y	N	P	Jaundice/Yellow skin	Y	N	P
Ulcers	Y	N	P	Liver disease	Y	N	P
Hernia	Y	N	P	Constipation	Y	N	P
Diarrhea	Y	N	P	Abdominal pain	Y	N	P

Bowel movements: How often? \_\_\_\_\_x/day      Is this a change?      Y      N

    Consistency & Color \_\_\_\_\_      Foul odor?      Y      N

    Undigested food in stool (pieces of vegetables/grains)      Y      N

**Urinary**

# Diapers/day _____				Age of Toilet Training _____			
Frequent infections	Y	N	P	Discharge	Y	N	P
Pain with urination	Y	N	P	Increased frequency	Y	N	P
Bedwetting	Y	N	P				

**Females**

Inguinal hernia	Y	N	P	Vaginal discharge	Y	N	P
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**Males**

Inguinal hernia	Y	N	P	Undescended testicle	Y	N	P
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**Musculoskeletal**

Growing Pains	Y	N	P	Muscle cramps/spasms	Y	N	P
Joint pain/stiffness	Y	N	P	Broken bones	Y	N	P
Joint swelling	Y	N	P	Muscle weakness	Y	N	P

**Neurological**

Dizziness	Y	N	P	Numbness/tingling	Y	N	P
Fainting	Y	N	P	Seizures	Y	N	P
Paralysis	Y	N	P	Tremors	Y	N	P

**Endocrine**

Excessive hunger	Y	N	P	Excessive thirst	Y	N	P
Excessive fatigue	Y	N	P	Difficulty falling asleep	Y	N	P
				Difficulty staying asleep	Y	N	P

**Mental & Emotional Health**

**Fears:**        Y    N

If Y, explain: \_\_\_\_\_  
\_\_\_\_\_

**Tantrums:**    Y    N

If Y, explain \_\_\_\_\_

**Mood swings:**    Y    N

If Y, explain: \_\_\_\_\_

**Separation anxiety:**    Y    N

If Y, explain: \_\_\_\_\_

**Reaction to foods** (food dyes, artificial sweeteners, etc.):    Y    N

If Y, explain: \_\_\_\_\_

**Socialization, Personality, & Home life**

Bed time \_\_\_\_\_ Consistent? \_\_\_\_\_ Hours of sleep per night \_\_\_\_\_

Waking time in morning \_\_\_\_\_ Consistent \_\_\_\_\_

Naps per day and duration \_\_\_\_\_ Frequent waking: Y N

Daycare: Y N      Preschool: Y N      Playgroup: Y N

Brushes teeth: Y N

Bathing routine \_\_\_\_\_

Interaction with other kids: Leader or follower?

Further explanation if any: \_\_\_\_\_

Siblings: Y N      If Yes, Ages & gender: \_\_\_\_\_

Watches TV: Y N  
If Yes, What programs? \_\_\_\_\_

Hours of TV per day: \_\_\_\_\_ Supervised? Y N

Video Games? Y N      Hours daily: \_\_\_\_\_

Do you read books together? Y N  
If Yes, Hours daily: \_\_\_\_\_

Learning problems? Y N  
If Yes, explain: \_\_\_\_\_

Problems with social interactions? Y N  
If Yes, explain: \_\_\_\_\_

**Diet and Nutrition**

Please list foods for a typical day:

Breakfast: \_\_\_\_\_

\_\_\_\_\_

Lunch: \_\_\_\_\_

\_\_\_\_\_

Dinner: \_\_\_\_\_

\_\_\_\_\_

Snacks: \_\_\_\_\_

\_\_\_\_\_

Food cravings: \_\_\_\_\_ Food aversions: \_\_\_\_\_

Beverages: \_\_\_\_\_ Amount per day: \_\_\_\_\_

Current height: \_\_\_\_\_ Current weight: \_\_\_\_\_

Thank you for taking the time to fill out this form completely. Don't worry if you were not able to answer some of the questions. During your office visit, we will discuss some of your responses in detail. Please feel free to attach any additional sheets describing your medical history or symptoms in detail.

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**Consent to Naturopathic Treatment Provided by Paloma Defuentes, N.D.**

1. This is to acknowledge that I have been informed and understand that:

- a) Any treatment or advice provided to me as a patient of Paloma Defuentes, N.D. is not mutually exclusive from any treatment or advice that I may be receiving now or in the future, from another health care provider.
- b) I am at liberty to seek or continue medical care from a physician, surgeon, or other health care provider.
- c) I understand that Paloma Defuentes, N.D. is not preventing me from seeking or following the advice of another licensed health care provider.
- d) The treatment and therapies provided to me by Paloma Defuentes, N.D. may be different from those offered by another licensed health care provider.

2. I agree to pay for any fees for services, costs of supplements and homeopathic remedies, cost of laboratory tests, or other fees at the time of the visit.



3. I hereby authorize and consent to treatment.

4. I understand that what we talk about will remain confidential with the exception of a case where I feel you or someone else will get hurt. This includes such things as: suicide, homicide, and reportable crimes such as physical or sexual abuse. If you have questions, please ask me.

5. I understand that the information I provide will be handled in accordance with patient confidentiality and HIPPA laws.

6. I understand that this office uses an outside billing agency for billing.

7. Authorization/Assignment: I authorize the release of any medical or other information necessary to process this claim. I also authorize payment of medical benefits to be paid to Montana Naturopathic Clinic and I'm fully financially responsible for non-covered services. I understand and agree to pay any collection fees, interest, court fees, and attorney fees if my account is placed in collections or court for non-payment.

8. Please refer to the HIPPA policy on my website under the "Clinic Forms" tab.

9. I have read and agree to all terms and policies.

\_\_\_\_\_ Date: \_\_\_\_\_  
Patient Guardian Signature